

THICKENING CONCENTRATE for the management of dysphagia

## **DIRECTIONS FOR USE**

**STEP 1:** Clean hands thoroughly.



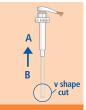


## **STEP 2:** Pump Assembly & Priming directions.



1 PUMP

Each bottle is supplied with a pump in 2 parts part A and part B. Do not reuse the pump.



2 PUSH

Push part B into part A firmly, making sure the 'v shape' cut end is at the bottom of the pump.



**3** TWIST

Turn the handle of the pump anti-clockwise to release the stem – it will pop up.



4 SHAKE

Shake well before inserting pump. Screw the pump onto the bottle clockwise until tight.



**5** PRIME

Prime the pump by pressing it down several times until an unbroken stream flows from the nozzle.



6 DOSAGE

Look for the BLACK LINE indicating the pump has fully returned to the top to ensure an accurate dosage.

## **STEP 3:** Dispense Precise Thick-N INSTANT into the beverage according to the usage chart.

IDDSI LEVEL	-∰ COLD	
	700mL	1.4L
LEVEL 2 – MILDLY THICK	1 PUMP	2 PUMPS
LEVEL 3 - MODERATELY THICK	2 PUMPS	4 PUMPS
LEVEL 4 – EXTREMELY THICK	4 PUMPS	8 PUMPS

## FOR MILK BASED COLD BEVERAGES:

Allow to stand for 10 minutes, then re-stir before serving.

Refer to our website for further mixing instructions. It is recommended that thickened beverages are consumed within 24 hours.

IMPORTANT: This table is a guide to the amount of Precise Thick-N INSTANT required to thicken drinks to prescribed levels. Consistency requirements should always be determined by a Health Care Professional.

**STEP 4:** Stir briskly for 30 seconds. Ready to serve.

LEVEL 1 - SLIGHTLY THICK



1 PUMP PER 1225mL OF WATER

Free ONLINE TRAINING is available at https://elearning.precisethickn.com.au
On successful completion of training,
you will receive a Certificate of Completion.



At the end of the day, gently wipe the pump nozzle with an alcohol wipe. DO NOT WASH PUMPS. DO NOT REUSE. Please discard the bottle when it is nearly empty and the pump starts spitting.