



THICK-N INSTANT Liquid

THICKENING CONCENTRATE
for the management of dysphagia

DIRECTIONS FOR USE



**BULK SERVE
EASY MIX**

STEP 1: Clean hands thoroughly.



STEP 2: Pump Assembly & Priming directions.

1 PUMP **2 PUSH** **3 TWIST** **4 SHAKE** **5 PRIME** **6 DOSAGE**

Each bottle is supplied with a pump in 2 parts - part A and part B. Do not reuse the pump.

Push part B into part A firmly, making sure the 'v shape' cut end is at the bottom of the pump.

Turn the handle of the pump anti-clockwise to release the stem - it will pop up.

Shake well before inserting pump. Screw the pump onto the bottle clockwise until tight.

Prime the pump by pressing it down several times until an unbroken stream flows from the nozzle.

Look for the BLACK LINE indicating the pump has fully returned to the top to ensure an accurate dosage.

STEP 3: Dispense Precise Thick-N INSTANT into the beverage according to the usage chart.

| IDDSI LEVEL | COLD | |
|----------------------------|----------------------------|---------|
| | 700mL | 1.4L |
| LEVEL 2 - MILDLY THICK | 1 PUMP | 2 PUMPS |
| LEVEL 3 - MODERATELY THICK | 2 PUMPS | 4 PUMPS |
| LEVEL 4 - EXTREMELY THICK | 4 PUMPS | 8 PUMPS |
| LEVEL 1 - SLIGHTLY THICK | 1 PUMP PER 1225mL OF WATER | |

FOR MILK BASED COLD BEVERAGES:
Allow to stand for 10 minutes, then re-stir before serving.

Refer to our website for further mixing instructions. It is recommended that thickened beverages are consumed within 24 hours.

IMPORTANT: This table is a guide to the amount of Precise Thick-N INSTANT required to thicken drinks to prescribed levels. Consistency requirements should always be determined by a Health Care Professional.

STEP 4: Stir briskly for 30 seconds.
Ready to serve.



Free ONLINE TRAINING is available at <https://elearning.precisethickn.com.au>
On successful completion of training, you will receive a Certificate of Completion.

At the end of the day, gently wipe the pump nozzle with an alcohol wipe. **DO NOT WASH PUMPS. DO NOT REUSE.** Please discard the bottle when it is nearly empty and the pump starts spitting.

